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**Contract/Waiver**

Participant Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Postal: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone #:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mobile #:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Opt.in to receive promos/newsletter Y ( ) N ( )

Birthday: D\_\_\_\_\_M\_\_\_\_\_\_Y\_\_\_\_\_\_Referred By: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Gender: Male ( ) Female ( )

Winter Team affiliated with: \_\_\_\_\_\_\_\_\_\_\_\_\_ Current Level: A\_\_AA\_\_AAA\_\_ Birth Year: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Emergency Contact Information:**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Relationship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Medical History: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Disclaimer and Acknowledgement of Risk**

H2T Elite Dryland Training Inc., its officers, directors, agents, contractors, employees instructors, trainers, volunteers, members and representatives (all hereinafter collectively referred to as “H2T”) are not responsible for any injury, loss or damage of any kind sustained by any person (or any person or child for whom I am or may be responsible) while registered as an H2T member participating in any all H2T sanctioned activities, events, training sessions, camps or social activities (hereinafter referred to as “H2T Activities”), including injury, loss or damage which might be caused by the negligence of H2T.

I acknowledge I am aware of the possible risks, dangers, and hazards associated with participation in H2T Activities, including all manner of injuries which may result in muscular injuries and soft tissue injuries (including bruises, scrapes, cuts, etc.) from executing strenuous and demanding physical techniques, collisions with walls, floors, contact with other participants and failures in the proper use of the equipment or techniques either by myself or other participants; and the possible risk of severe or fatal injury to myself or others.

I further acknowledge that my risk of injury increases as I become fatigued.

I further acknowledge that such risks may be caused by my own actions and inactions, the action or inaction of others participating in H2T activities, the condition in which the H2T Activities take place, or the negligence of H2T. And I also acknowledge that there may be other risks, social and economic losses not known or reasonably foreseeable to me at this time. See Reverse>>>>>

**Release of Liability, Waiver of Claims and Indemnity Agreement**

In consideration of H2T Elite Dryland Training Inc. allowing either myself or my minor child membership and participation in H2T activities, I agree:

1. That H2T referred throughout this and other related agreements shall include H2T Elite Dryland Training Inc., shall also include its officers, directors, agents, contractors, employees instructors, trainers, volunteers, members and representatives, and also include any affiliated company, partnership (all hereinafter collectively referred to as “H2T”);
2. To waive any and all claims that I have or may have against H2T as a result of my own or my minor child’s membership or participation in H2T activities; and
3. To release, hold harmless and indemnify H2T from any and all liability from any claims, demands, actions, losses, damage, injury or expense that I or my family member may suffer as of my own or my minor child’s membership or participation in H2T activities due to any cause whatsoever, including breach of contract, negligence, breach of any statutory or other duty of care, including any duty of care owed under the Occupier’s Liability Act even though such claims, demands, actions, losses, damage, injury or expense may have been caused by the negligence of H2T.
4. I acknowledge, agree and represent that I understand the nature of H2T Dryland (as defined on the reverse hereof) that I am qualified, in good health, and in proper physical condition to participate in H2T Activities. Any special health/physical conditions have been noted above and reviewed with H2T staff.
5. I agree to follow the rules and regulations of H2T Elite Dryland Training Inc . I understand that the rules and regulations are in place to provide a safe environment for the entire membership. I understand that I may be photographed or video taped for social media purposes and that there is video surveillance on the premises.

I understand H2T assumes no responsibility for replace lost or stolen items.

1. I, the minor’s parent and /or legal guardian understands the nature of athletic activities and the minors experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in H2T Activities. On behalf of the minor I hereby agree to all the terms and conditions contained in this agreement and any references to “I” contained herein shall also be deemed to include the minor. The release, waivers and indemnities granted herein shall be deemed given by the minor and the undersigned jointly and severally without modification or accommodation.
2. I acknowledge reading this information and receiving a copy of this agreement. I further acknowledge having read the important terms and conditions on the reverse hereof, including those which limit the liability of H2T. I understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

In consideration of being allowed to participate in any way in the H2T HOCKEY program, related events and

activities, the undersigned acknowledges, appreciates, and agrees that:

1. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,

2. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,

4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS H2T Elite Dryland Training Inc., their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (“Releases”), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

**FOR PARTICIPANTS OF MINORITY AGE**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releases, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify the Releases from any and all liabilities incident to my minor child’s involvement or participation in these programs as provided above.

Service Purchased: SPRING HOCKEY

Team/Participant Name: H2T HOCKEY Birth Year:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Manager/Parent/Guardian Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Participant/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_